

# RECONCILIATION LESSON 2

SORRY



SAYING

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# Why is it important to say sorry?

We all do things wrong at times, one of us are perfect and so we all make mistakes and make bad choices.

When we make a mistake, do the wrong thing, make a bad choice it is important that we try to take responsibility for what we have done and try to learn from it and try and made amends for what we have done.

We can do this by saying sorry.



When we say we are sorry we have to mean it. There is no point saying sorry if you are not.

When we say sorry we ask for forgiveness and try to promise that it won't happen again in the future.



## Activity 1

- Think about a time you have done something wrong and needed to say sorry.
- How did doing something wrong make you feel?
- How did it feel when you said sorry?



## Activity 2 – Sorry at Heart

Draw a heart shape and complete the following sentences inside your heart. You may want to do more than one. It might be nice to give it to the person you are apologising to.



# REMEMBER GOD WILL ALWAYS LOVE YOU

