

# St Osburg's Catholic Primary School Sports Funding Annual Report



Impact of government sports funding for 2023-2024

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## Background

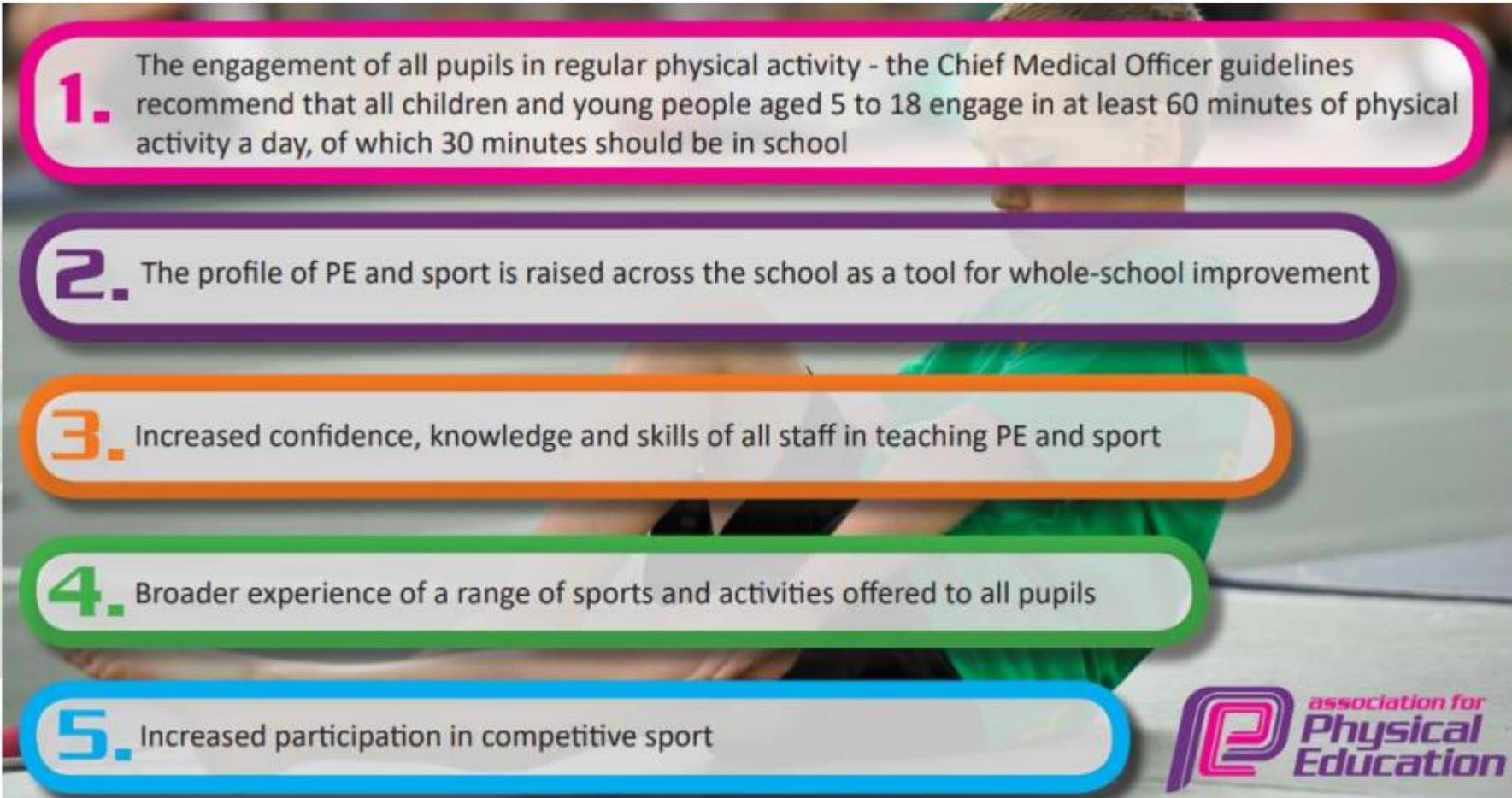
The Government has provided funding until further notice to provide new, substantial primary school sport funding. This funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport, and will see money going directly to primary school Head teachers to spend on improving the quality of sport and PE for all their children.

The sport funding can only be spent on sport and PE provision in schools. OFSTED will play a significant role in ensuring that schools target this funding in areas which will lead to clear outcomes in raising standards and opportunities in PE and school sport for all children throughout the Primary Phase. **The funding received this academic year was: £18,870**

We are proud of the PE curriculum and sporting opportunities that we have on offer at St Osburg's Primary and Nursery School. We believe that Physical education plays a critical role in educating the whole student. Research supports the importance of movement in educating both mind and body. Physical education contributes directly to development of physical competence and fitness. It also helps the children to make informed choices and understand the value of leading a physically active lifestyle. The benefits of physical education can affect both academic learning and physical activity patterns. The healthy, physically active child is more likely to be academically motivated, alert, and successful. In the preschool and primary years, active play may be positively related to motor abilities and cognitive development. We believe that quality physical education teaching is essential in developing motor skills, physical fitness and understanding of concepts that foster lifelong healthy lifestyles.

At St Osburg's Primary and Nursery School, we ensure that the children receive the highest quality of teaching during their PE sessions. We employ sports coaches to deliver highly skilled sessions that are differentiated to meet the needs of the whole class. This not only improves children's ability and skills in sport but also has a significant impact on the overall fitness and well-being of the children. The sports coaches work alongside the teachers in order to support with planning for progression in all Physical Education areas. At St Osburg's we believe in challenging ourselves to always reach for the next goal and beating our personal best. We endeavour to instil this personal challenge in our children.





**1.** The engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school

**2.** The profile of PE and sport is raised across the school as a tool for whole-school improvement

**3.** Increased confidence, knowledge and skills of all staff in teaching PE and sport

**4.** Broader experience of a range of sports and activities offered to all pupils

**5.** Increased participation in competitive sport

## Curriculum

In the foundation stage we believe that this is a crucial time in a child's development. Children learn so many physical skills in the first five years of life, therefore we need to ensure they are given the opportunity to develop these skills further; the benefits of young children being physically active go way beyond just the physical benefits. Studies support a link between higher levels of physical activity leading to more sustained participation in physical activity in later years. Therefore it is important to establish a high level of activity at the earliest age in order to provide the best start to encourage activity patterns and habits later in childhood that are sufficient to benefit long term good health.

At St Osburg's we enlist the support of our sports coaches (Sky Blues in the Community) to support class teachers in planning activities to develop fundamental movement. As part of sports funding we have also purchased new resources and equipment to develop the skills of the children.

Key Stage 1, we focus on the physical development and skills of the children. This includes balance, throwing and catching and a range of other fundamental movements before moving onto team sporting activities. During key stage 1, children are continuously assessed in order to secure the basic skills and are taught how to stay healthy through their own lifestyle.

Key Stage 2, Pupils continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They enjoy communicating, collaborating and competing with each other. They develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success. They continue to develop their understanding of how to stay healthy.

## Upskilling

Working with Sky Blues in the Community not only allows the children to access quality skilled coaches but also teachers are supported with planning and the delivery of lessons. Initially a specialist sports coach will observe teachers teach a PE lesson. They will then work alongside teachers to plan a unit of work that is clearly progressive and differentiated. Teachers spend time observing the delivery of lessons from the sports coaches and sports coaches will in turn observe teachers and give feedback. Teachers have found this particularly useful with units that require specific skills to be taught. Sports coaches work alongside the PE co coordinator to monitor planning, support assessments and give guidance and support where needed.

Teachers in years 1-6 have the opportunity to work alongside professional choreographer Ricky Brown and our own PE leader who delivered gymnastics in Years 1-6. .

Early Years Staff have had the opportunity to work alongside Cycling trainer from British Cycling on developing the use of balance bikes.

## Expenditure

### Total Allocation - £17,750

Item	Cost
Specialist Sports coaches	£12,450
Dance teacher for one term	£2,400
PE resources	£995
School Games subscription	£250
Trophies	£75
Transport to swimming lessons	£2000
Outdoor equipment for lunchtime sports	£300
Catholic Sports Competitions subscription	£100

### Total Spend - £18,870



Year Two had all the right moves this morning #dancewithRicky 🕺



## **Impact**

### **Specialist provision**

By investing and making links with specialist providers and coaches both our pupils and staff are benefitting. Best practice is modelled and this can be delivered subsequently by our own staff.

Examples from years 2023/24 include:

Sky Blues In The Community

Specialist Dance teachers

British Cycling coaches – Y5/6 cycling and YR balance bikes

Swimming coaches – Coventry Sports Foundation

PE specialist within school delivered Gymnastics Years 1-6.

### **Impact of Sports Premium on After School Clubs**

The improvements in our physical education lessons has not only impacted on the fitness levels of children but has also encouraged them to participate more in after school sporting activities; encouraging a 'change for life'.

Extra-curricular School sports based activities we typically offer over the course of the year:

Netball

Cross Country

Gaelic Football

Football - for years 5&6, 3&4 and Years 1& 2

Multi – sports – lunchtime

Girls football

Cricket

Athletics

Dance

Children have been encouraged during break times and lunch times to participate in a variety of sporting games such as badminton, tennis, rounders, walking/running using the track.

Certain pupils have been signposted to external sports clubs due to their talents being recognised eg Henley & Copsewood Netball clubs, Godiva Harriers Athletics, Gaelic Football Teams and other football clubs.

## Competition

At St Osburg's Catholic Primary school we believe it is important for all children to participate in competitive sports. During the last academic year our pupils were involved in the following:

- We have a school football team that compete against other Catholic schools in the league across the city and the football rally and cup competitions. They won the Coventry Catholic Schools West Rally.
- Our netball team have also had great success showing determination and skill coming 1st in the Coventry Catholic Schools League for the third year running.
- Coventry Catholic Athletics is an athletic competition including track and field events that we participate in during the summer term at Warwick University. A number of children won gold, silver or bronze medals.
- Cricket Tournament
- Cross country – individual and team competition.
- Catholic Schools Swimming Gala - improved placing this year, with a number of medal winners.
- Inter - school rounders and handball competition.
- Annual whole school sports day – sprint and obstacle races.



## Change for Life

At St Osburg's we believe that we need to instil in our children the importance of a healthy lifestyle. Over the course of the year, we usually work in partnership with Sky Blues In The Community to deliver their 'Sport, Move & Learn' course. Over the course of a six week programme the Year 5 children learnt about the body, nutrition and the importance of exercise as well as taking part in a practical physical activity sessions learning all about fitness skills.

Our children in Years 5/6 also took part in the RESPECT programme, set up by the Premier league and delivered by SBITC.

## Swimming

100% of Year 6 pupils were all able to swim by the end of Key stage 2. This was due to our 'top up' swimming course in Year 5. 82.7% could swim 25m unaided in a range of strokes and the remaining children could swim 10m.

## Inspiration

Over the course of the year we invite professionals from various sports to talk about their careers and inspire our pupils including Coventry Blaze Ice Hockey and Football players. Previously the netball team have enjoyed a Wasps Netball Inspiration day at the Ricoh Arena.

SBITC also lead our Maths Stars and Reading Stars programmes in Years 3 and 4, where children develop numeracy and literacy skills through a sports context.



## Actions for Academic Year 2024/2025

Explore best value for swimming lessons and top-up swimming as lots of money spent on transport.

Increased swimming opportunities, with the aim to have all Year 6 children being able to swim at least 25 metres and a development of competitive swimming. (Bablake link)

Release PE subject leader to continue to teach gymnastics in Years 1-6 or deploy SBITC to teach in Spring 1.

Offer a wider range of sporting activities to engage the least active – eg. yoga, archery, quiddich, Skip 2B fit.

Introduce other sporting activities/experience days and access to inspirational sports people eg. Glow in the dark dodgeball day, Golf day.

More opportunities for inter school competitions.

Continue to promote sporting clubs and activities outside of school

Continue to develop relationships and sign post children to external clubs such as Coventry Gymnastics, Sphinx, Godiva Harriers, Coventry City Academy, Coventry and North Warks tennis.

Sign up for Hockey, Netball and Rugby enrichment days with Bablake/King Henry

Source an external Netball coach ( think this has been done through Engage)

Daily mile/Use of track – Track Tuesdays/Fitness Friday and lunchtime running club

Revamp active provision at lunchtimes (sports coaches, support staff, resources) so every child is encouraged to be active for at least 30 mins daily.

Coventry West Programme – giving the opportunity for KS1 and KS2 to participate in more competition.

Train a new cohort of Play Leaders.

Saint Osburg's @SaintOsburgs · Feb 22

Well done to all the children who took part in the Coventry Catholic Schools Swimming Gala on Thursday. 🏊‍♀️🏊‍♂️🏊‍♀️🏊‍♂️

