Words and Phrases to Create Tension and Suspense

in alarm...

without hesitation...

cold sweat

unease

silently

suddenly

from the shadows...

distress

cautiously

panic

nervously

without warning...

fright

in a heart-stopping moment...

shudder

tremble

unexpectedly

all of a sudden...

trick of the imagination...

horror

ice-cold draught

out of the corner of his/her eye...

held his/her breath

dread

twinkl